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HIPAA Privacy Policy

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**Privacy Officer: Nicole Tromble, MD** 

## **Notice of Privacy Practices**

As Required by the Health Insurance Portability and Accountability Act of 1996 (HIPAA) THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Your medical information is personal and Med 1 (the "Practice") is committed to protecting your privacy. We are obligated by law to protect your privacy and give you notice of our privacy practices. This Notice describes how we protect your protected health information and what rights you have regarding your protected health information. "Protected health information" means any of your written and oral health information, including demographic data that can be used to identify you. The Practice will abide by and act in accordance with the terms of this Notice. Additionally, the Practice will notify you if there has been a breach of your unsecured protected health information. If you have any questions, please contact the Practice's Privacy Officer at 844-633-1237.

We reserve the right to revise or amend this Notice of Privacy Practices. Any revision or amendment will be effective for all of your protected health information that the Practice has created or maintained and for any generated in the future. The Practice will have copies of our current Notice in our office and this will also be posted on our website, you may request a paper copy of our most current Notice at any time.

#### HOW WE MAY USE AND DISCLOSE YOUR PROTECTED HEALTH INFORMATION

The following categories describe the ways in which we may use and disclose your protected health information. The Practice may use your protected health information for purposes of providing treatment, obtaining payment for treatment, and conducting health care operations. Your protected health information may be used or disclosed only for these purposes unless the Practice has obtained your authorization or the use or disclosure is otherwise permitted by the HIPAA Privacy Regulations. For clarification, we have included some examples. Not every possibility is specifically mentioned. However, all of the ways we are permitted to use and disclose your protected health information will fit within one of these general categories.

## Treatment

The Practice may use and disclose your medical information to treat you. Common reasons for use and disclosure may include performing exams, ordering or performing tests, ordering prescriptions, referring you to other medical professionals, or obtaining copies of information from other health care providers to facilitate your treatment.

## Pavment

The Practice may use and disclose your protected health information in order to bill and collect payment for services. We may disclose your protected health information to a health care plan to determine eligibility or plan responsibilities for benefits; confirm enrollment and coverage, facilitate payment for treatment and covered services received; coordinate benefits with other insurance carriers; and adjudicate benefit claims and appeals.

## **Health Care Operations**

The Practice may use or disclose your health information to conduct our business. This may involve disclosures of information for quality assessment and improvement activities, data aggregation services, care coordination and case management. Other examples include business planning and administrative activities. We will not sell any of your health information unless we have received your express written authorization.

Other Disclosures specified by HIPAA which do not require your authorization Disclosures Required By Law.

The Practice will use and disclose your protected health information when we are required to do so by federal, state or local law. For example, disclosure may be required by Workers' Compensation statutes and various public health statutes in connection with required reporting of certain diseases, child abuse and neglect, domestic violence, adverse drug reactions, etc.

## **Health Oversight Activities**

The Practice may disclose your protected health information to a health oversight agency for activities authorized by law. Oversight activities can include investigations, inspections, audits, surveys, licensure and disciplinary actions; civil, administrative, and criminal procedures or actions; or other activities necessary for the government to monitor government programs, compliance with civil rights laws and the health care system in general.

## **Lawsuits and Similar Proceedings**

If you are involved in a lawsuit or similar proceeding, we may use and disclose your protected health information in response to an order of a court or administrative order or in response to a signed authorization.

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## Law Enforcement and/or National Security

We may disclose your protected health information for law enforcement purposes. For example, in limited circumstances we may disclose your protected health information if you are a victim of a crime. We may provide information about a crime at the Practice, or to report a crime that happened elsewhere. Additionally we may disclose your protected health information for the purpose of identifying or locating a suspect, material witness or missing person. Further, we may disclose your protected health information to federal officials for intelligence and national security activities authorized by law including to protect the President or other officials including foreign heads of state, to conduct investigations, or for military purposes.

#### **Deceased Patients**

The Practice may release protected health information to a medical examiner or coroner to identify a deceased individual or to identify the cause of death. If necessary, we also may release information in order for funeral directors to perform their jobs or, when requested, to facilitate organ, eye or tissue donation.

**Research**. Under certain circumstances, we may use and disclose your protected health information for health related research purposes. For example, a research project may involve comparing the health and recovery of all patients who received one medication to those who received another for the same condition.

## Serious Threats to Health or Safety

The Practice may use and disclose your protected health information to prevent a serious threat to your health and safety or the health and safety of another individual or the public. Under these circumstances, we will only make disclosures to a person or organization able to help prevent the threat.

# Uses and Disclosures Permitted Without Authorization But With Opportunity to Object. Communication with family

Occasionally, our staff may discuss particular diseases and their inheritance patterns with you or your family members, with your agreement. Other uses and disclosures of your protected health information not covered by this Notice will be made only with your written authorization. We will not use or disclose your protected health information for marketing purposes without your express authorization. If you provide us with such an authorization, you may revoke it, in writing, at any time. If you revoke your authorization, we will no longer use or disclose your information for the reasons covered by the authorization.

#### YOUR RIGHTS REGARDING YOUR PROTECTED HEALTH INFORMATION

You have the following rights with respect to your protected health information:

#### **Confidential Communications**

You have the right to request confidential communications from us. Upon receiving a reasonable written request from you for confidential communications we will communicate your PHI by an alternative method or to an alternative location.

## Right to Opt Out

You have a right to opt out of receiving any fund raising notices from the Practice.

## **Requesting Restrictions**

You have the right to request a restriction in our use or disclosure of your protected health information for the purposes of treatment (except in emergencies or when required by law), payment or health care operations. We are not required to agree to your request except as described below; if we do agree, we are bound by our agreement except in cases of an emergency or in cases where we are legally required or allowed to make a use or disclosure. We are obligated to comply with a request to restrict disclosure to a health plan if the disclosure is for the

purposes of carrying out payment or health care operations and is not otherwise required by law and you have paid the Practice in full for the services the Practice has provided. To request a restriction on the disclosure of your PHI you must make your request in writing to the Privacy Officer listed on page one.

## **Inspection and Copies**

You have a right to request a copy of your protected health information. You must submit your request in writing to the Privacy Officer listed on page one. The Practice may charge a reasonable fee for the costs of copying and mailing your information.

#### **Amendment**

If you feel that protected health information we have about you is incorrect or incomplete, you may send us a written request to amend the information. The request must include a reason supporting your request and should be sent to the Privacy Officer listed on page one. We may deny your request if you ask us to amend information that is, in our opinion, accurate and complete, not part of the information kept by us, not part of the protected health information which you would be permitted to see and copy, or if it was not created by us.

#### **List of Disclosure**

You have the right to request an accounting of disclosures the Practice has made of your protected health information for non-treatment, non-payment or non-operations purposes. Use of your protected health information by the Practice for purposes of treatment, payment or operations is not required to be documented and, therefore, will not be on the list. Further, the list will not include disclosures made with your authorization, incidental disclosures or those required by law. In order to obtain a list of disclosures, you must submit your request in writing to the Privacy Officer listed on page one. All requests for disclosures must identify a time period (not to exceed six years) and may not include dates before April 14, 2010. You are entitled to one such list per year free of charge; additional accounting request may be subject to a reasonable cost based fee.

# **Right to Notice**

You have the right to receive notice and the Practice will notify you if there has been a breach of your unsecured protected health information.

# Right to a Paper Copy of This Notice

You are entitled to receive additional copies of this notice of privacy practices at any time. To obtain a copy of this notice, write to the Privacy Officer listed on page one of this notice or go to our website at: <a href="http://www.med1aesthetics.com">http://www.med1aesthetics.com</a>

## Right to File a Complaint

If you believe your privacy rights have been violated, you may file a complaint with the Privacy Officer for the Practice or with the Secretary of the Department of Health and Human Services. To file a complaint with the Practice, write to the Privacy Officer listed on page one. The Practice will not retaliate against you in any way for submitting a request.